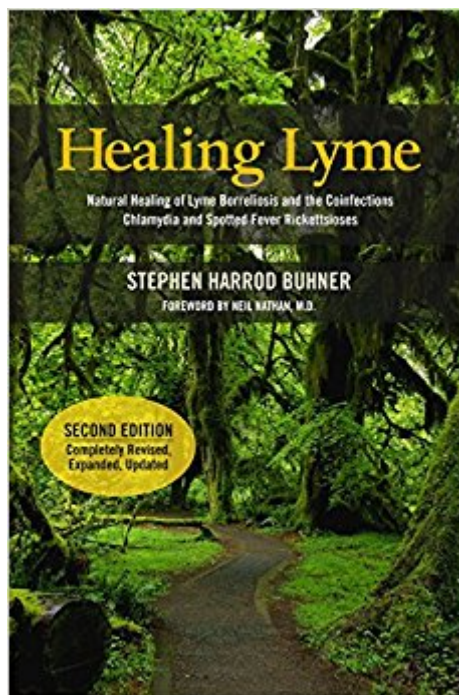




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# Healing Lyme: Natural Healing Of Lyme Borreliosis And The Coinfections Chlamydia And Spotted Fever Rickettsiosis, 2nd Edition



## Synopsis

Lyme disease infects a minimum of 300,000 people per year in the United States and millions more throughout the rest of the world. Symptoms run from mild lethargy to severe arthritis to heart disease to incapacitating mental dysfunction. Although tests have improved over the past decade, they are still not completely reliable, and antibiotics are only partially effective. Up to thirty-five percent of those infected will not respond to antibiotic treatment or will relapse. The spirochetes that cause Lyme are stealth pathogens—they can hide within cells or alter their form so that our immune systems cannot find them, as well as inhibit the effectiveness of antibiotics. Lyme disease is, in fact, a potent emerging epidemic disease for which technological medicine is only partially effective. The coinfections that accompany Lyme are often as, or more, incapacitating than Lyme itself.

Worldwide, hundreds of millions experience infection with babesia, bartonella, ehrlichia, anaplasma, mycoplasma, chlamydia, and the spotted fever rickettsiosis. *Healing Lyme* examines the leading, scientific research on Lyme infection and its tests and treatments, and outlines the most potent natural medicines that offer help, either alone or in combination with antibiotics, for preventing and healing the disease. The book has been a bestseller for over a decade, and during that time the author has had contact with over 25,000 people who have used some form of these protocols during their healing journey. This edition has been significantly updated, fully revised, and expanded to reflect the increased understandings from that extensive contact, including depth-treatment experiences with hundreds during the past decade. *Healing Lyme* is the primary text in print on what Lyme bacteria do in the body and how natural approaches can heal the disease. It is the first book in print covering depth understanding and treatment of chlamydial and rickettsial coinfections. This new updated version of *Healing Lyme* joins the author's other two books on the treatment of Lyme coinfections (babesia, bartonella, mycoplasma, anaplasma, and ehrlichia) and completes his exhaustive work on these stealth pathogens.

## Book Information

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## Customer Reviews

“One of the plant geniuses of our time.” --Rosemary Gladstar, herbalist, founder of United Plant Savers, and author of *Rosemary Gladstar's Family Herbal* and *Planting the Future* “Elegant, articulate, and brilliantly researched. Given the nature of our ecological fragility, this book is a must for every practitioner's library.” --Kathleen Maier, director, Sacred Plant Traditions “An important book that anyone involved with healthcare should read. The ideas bridge traditional herbalism, modern phytotherapy, and laboratory and clinical research. It is a major contribution to the healing of humanity's relationship with bacteria.” --David Hoffmann BSc, FNIMH, medical herbalist “Our immune systems are becoming increasingly burdened, and we desperately need the complexity and synergy of plant-based medicine to help restore the microbial balance in our bodies. This valuable resource book helps you to know what to use, how, and when.” --Jeff Wulfman, MD, integrative functional family physician “Anyone touched by Lyme disease” “patients, their families, or healthcare practitioners” will find this insightful and thorough book to be the essential guide for Lyme disease and its treatment. A hopeful, life-altering book.” --Wendy Leffel, MD “The first seventy-five pages are as good a review of the scientific literature as I've seen. . . . I was impressed by his grasp of the literature. He really did his homework.” --Richard Horowitz, former president ILADS, author of *Why Can't I Get Better? Solving the Mystery of Lyme and Chronic Disease* “Packed with information never before presented, *Healing Lyme Disease Coinfections* is a not-to-be-missed treasure on the topic of Lyme disease. While exploring numerous new therapeutic interventions, Buhner's pure intent and deep wisdom unfold before the reader, while his humorous style lightens the journey. This book is a masterpiece that provides its readers with life-changing information and is poised to become the reference book for the ages.” --Scott Forsgren, editor and founder of BetterHealthGuy.com

Stephen Harrod Buhner is the award-winning author of twenty-one books on herbal medicine, depth understanding of Gaian functioning and plant ecology, and the nature of meaning in language. He is a fellow of Schumacher College. For over thirty years, Stephen taught throughout the US, Canada,

and Europe. He lives in New Mexico.

Where do I begin.. It all started 2 years ago with being so ill I almost died..First the nausea, then the bone pains, joint pains, high fever, the meningitis, the rashes that literally spread throughout my body..This was all within the first week of getting infected! I saw something that looked like a bite behind my knee went to a doctor right away and they said I was fine. Went to another doctor and they said it was a skin infection and gave me the one antibiotic that does nothing for lyme! By the 6th day that tiny bite turned into a full blown bulls eye rash..I was lucky, that it was definitive as all the blood tests came out negative..as the tests are rarely reliable unless you get special lab work through igenex atleast 6 weeks into your infection. Then became the journey of a lifetime to find a cure. The first week of doxy made me a little better, but I still wound up getting facial paralysis. That's when I realized I had to act fast before this was going to kill me. I flew from NY to Seattle two weeks into my infection to see Dr. Marty Ross.. (The most painful flight of my life). He could tell by my symptoms that I had a bunch of co-infections including Bartonella. He put me on heavy doses of antibiotics for 8 months. Some made me so ill, I would throw up between meetings.. He was convinced that since I started treatment so early that I was cured even though my neck still ached day and night..He said it was pain from the muscle damage from the lyme.. Unfortunately, within a few weeks my neck got worse and my eye sight started to get blurry and I started getting hot flashes!! So after intensive research, I discovered Stephen Buhner's original book, Healing Lyme, ordered the herbs and within three weeks that neck pain was finally gone! I was scared that it wasn't enough to self treat, so I looked at the books list of resources in the back and discovered Dr.Zhang's clinic in NYC. Dr. Zhang's assistant Phyllis could see me right away and she figured out what Marty missed. I had Babesia as well! Boy when it rains it pours..That is the beauty of Lyme..there are so many coinfections that you have to treat each one individually. I have sent countless friends with MS, Chronic fatigue, extreme arthritis, early onset arthritis, unusual stomach issues, neurological symptoms out of the blue, early onset dementia, Lupus, the list goes on and on a copy of this book and almost all of them have gotten better! Not just better, but better then they felt in years!! Everything the medical world tells us is a lie...It is not normal for people to get sick like this at young ages and all these strange sicknesses that no one can explain the root of. There are two main culprits that are causing cancer as well..One is Lyme and the other is candida.. Do yourself a favor and buy this book, follow the protocol along with a stringent diet of no sugar, gluten, or dairy for at least a few months and feel better than you have ever felt in your life. I am ordering two more copies and sending them to two friends right now,one of them has a young daughter in a wheel

chair because of early onset MS. (I will write a follow up in a few months if she is walking again). You don't have to read the whole book..just look up your symptoms and read that section, or just go to the main protocol page (which Stephen Buhner has on his website for free as well) and order the herbs and follow it. The hardest part is getting off the herbs because you will feel so much better you will be afraid too.

I had the prior book, and purchased this one when it came out. It is somewhat clinical but the option of what to apply, read or understand is the reader's. I have additional books of Buhner's. I work with a LLMD MD, however, Buhner gave me the ability to make the tinctures I require at a fraction of what I was paying. It's truly not complicated instructions- most of us with this condition are typically not diagnosed until Lyme's and the applicable co infections are "deeply" established, we therefore require ongoing symptom and disease management for the Long Haul. Purchasing on the retail market is very expensive and it goes on and on and on. I find I can spend roughly \$100.00 to create what would cost me \$900 and up to purchase - he gave me the tools. He also gave me the confidence to up my plant skills and to recognize how many plants are already available for my use at my home. Anyone newly "diagnosed" but very ill with the disease needs to know that the fix, improvement, whatever it may be is very individualized and is NOT quickly accomplished. It is critical to follow up with plant medicines when the antibiotics have done what they can, I only wish in hindsight that I had started some of the plant medicines DURING the period I took antibiotics for 5 months. When you first begin to heal, you feel worse- and if the journey is early a sufferer might not fully recognize Herxing and how to modify the suffering down to tolerable level. Buhner gives you the long winded version of what, how and why for the price of a book- what more can I ask of my healing helpers. My books are so dog eared it is a clear reminder to myself how much I gleaned from his teaching. He does not claim to know everything- but he sure contributes to your having confidence in what "works for you", whether it's in there or not. My doc leans on the Cowden protocol, I do not and yet we work well together. Anytime you have a complicated health matter, seems like there is someone on every corner happy to exploit you and your illness- Supplement market/ pharmaceuticals- doesn't matter.

Incredibly detailed. HIGHLY recommended!

I have battled Lyme disease for just over 2 years. What I like the most about Stephen Buhner is that his knowledge and understanding of these micro organisms and their effect on the body gives me

hope that we can eventually fight them off. His writing is direct and easy to understand. I always feel happy and more confident when I read Buhner's books. That has been such a blessing since I have not found much support visiting countless health care professionals in the United States.

For those who suffer so greatly from Lyme Disease and its coinfections this book is an absolute necessity. Mr. Buhner writes with such grace, intellect and humor that what would normally be hard to digest data, quickly becomes an eagerly anticipated page turner. The information included does not come easily, and the author has painstakingly sorted through the mountains of data on Lyme to come up with sound protocols, solid science and suggestions. If Lyme has not touched your life yet, hang on a minute-- because in one way or another, it will. I implore you to have this book in your library and hold it near and dear & while you are at it.... pick up Herbal Antibiotics and any of his other books, I have read them all and live a healthier life for it.

My husband has Lyme and we feel so grateful for this book as it is loaded with information and definitely one we go back to for reference.

Stephen is an excellent speaker at Herb Conferences. Healing Lyme... is excellent for the professional looking for deeper understanding or person who can wade through this highly detailed and technical book (plenty of hints of liberal humor).

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